



Stay connected with our Volunteer Programs

Access our free services today!

Simply email
volunteer@chcs.com.au
or call **1800 225 474**

About

Connecting with others and staying socially active are important for your mental, emotional and spiritual wellness. That's why Catholic Healthcare clients can enjoy our free volunteer programs aimed at helping you maintain these key components of your wellbeing and day-to-day lifestyle.

Home visiting program

ENJOY AN EXTRA VISITOR AT HOME?

Join this program for a regular home visit from a friendly volunteer. Have morning tea together, read the paper, discuss family news, have a walk around the backyard, or visit a local café and more!

Phone call program

ENJOY A SOCIAL CHAT ON THE PHONE?

Join this program to receive regular phone calls from a friendly volunteer at a time and frequency that suits you, to talk together about family, news, politics, sport, shared interests and more!

PLEASE NOTE

- You can decide on time and frequency of visits/phone calls to suit you.
- Home visiting is not available in all areas.
- Volunteers provide social support only. They are not qualified carers or health professionals. They cannot provide health checks, meal preparation, medication reminders, home maintenance, etc.



Contact Us: 1800 225 474
catholichealthcare.com.au