What matters to you, matters to us

Retirement Living. Health & Wellness.
Home Care. Residential Care.



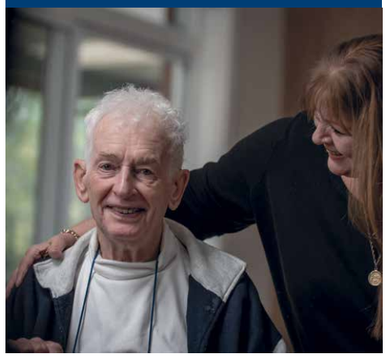
catholic healthcare



'We're glad you've found us. Whether you're exploring health & wellness, home care, retirement living or residential care, you'll find caring support and a connected community that feels like home with us'.

Empowering you to live with wisdom, purpose and joy.

Grounded in more than 150 years of heritage, our purpose is to support older Australians to thrive. You'll always feel supported, understood and valued. Our warm, welcoming communities and personalised services are designed to nurture your mind, body and spirit. We're here to support you, so you can live life your way.



Why choose Catholic Healthcare?

We provide a full continuum of care that ensures older Australians can live with independence, community and connection. Guided by courage, compassion and integrity, we're here to enhance each day. As a not-for-profit organisation with a 150 year heritage, our focus is always on people. We promote the dignity, life and spirituality of older people through connected and inclusive communities. When you choose Catholic Healthcare, you're choosing a team that puts your wellness at the heart of everything we do.





Retirement living, your way

Retirement is a time to live more freely, with the space and support to do what brings you joy. Whether you're seeking quiet moments, lively social connection or a simpler, maintenance-free lifestyle, our retirement communities are designed so you can live independently, in the way you choose.

















Welcoming communities across NSW

Each of our communities has its own unique style, size and setting — there's a place to suit your lifestyle and budget. Our friendly Village Managers and onsite team take care of the day-to-day, so you can spend more time doing what you love.

A lifestyle you'll love

From stretch & balance classes to happy hours and community gardens, barbecues and hobby groups, events and get togethers, there's always something to enjoy. Have the freedom to stay active, be social and keep connected.

Retire with ease, freedom and independence

- Choice of communities ranging in style, size and price
- Locations across NSW
- Friendly, welcoming places with like-minded people
- Home maintenance taken care of
- A wide range of activities and amenities.



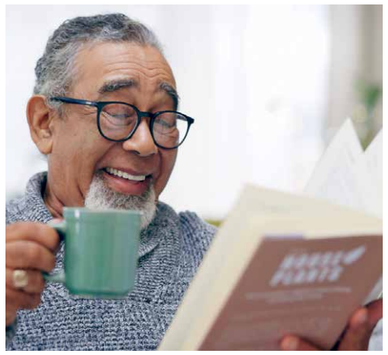


Looking after your health and wellness so you can thrive

At Catholic Healthcare, we want to help you stay connected, active and independent, every day. With dedicated Health and Wellness Centres, Allied Health clinics and in-home Allied Health services delivered by local teams, our Health and Wellness services are designed to support your physical and social needs. There are plenty of opportunities to stay active and engaged, whether that's through Mind+Move classes, groups and events or falls-prevention classes with our Stepping On program.







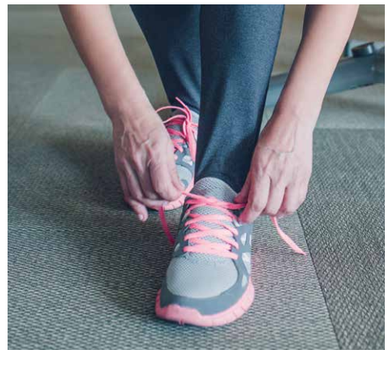














Mind+Move

- Fitness, flexibility and balance
- Dance
- Pilates
- Walking groups
- Resistance programs
- Tai Chi
- Seated exercise
- Circuit training
- Aqua classes
- Yoga
- Meditation
- Online music sessions
- Art and craft classes
- Book club
- Social outings.

Stepping On

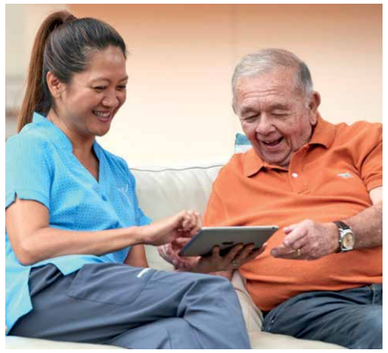
An evidence-based seven week falls prevention program that builds strength and improves balance and confidence.

Designed to support your safety and independence

- Be active, get involved
- Meet new friends, share experiences
- Improve your physical and mental wellbeing
- Learn and have fun
- Explore your creativity
- Wide range of activities, classes and events.

Home care lets you focus on what matters most

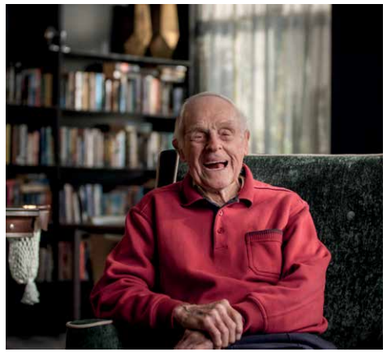
Whether it’s a little help around the home or more specialised support, our home care services make daily life easier. We’ll support you, so you can spend more time doing what you enjoy, in the comfort of your own home and local community.

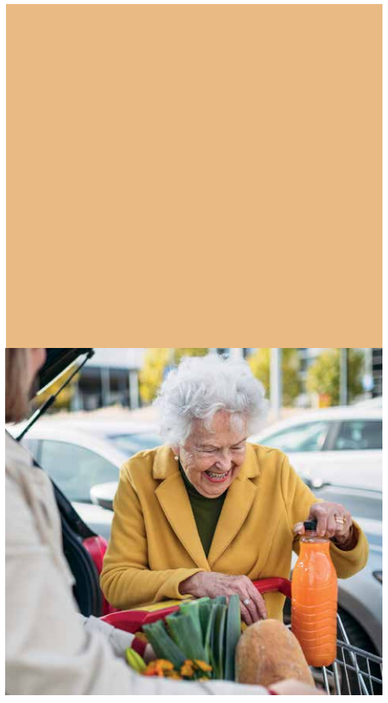






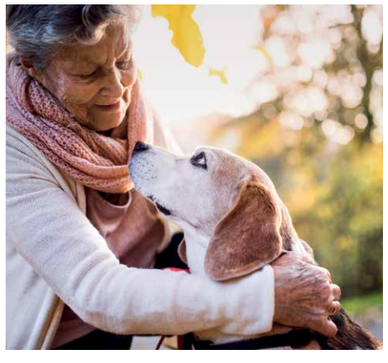














Support with everyday living

From meals and laundry to shopping, gardening and personal care. We can also help with transport, so you can stay active and independent.

Health and wellness services

Our experienced clinical team of nurses and allied health professionals provide expert clinical care at home. We also offer inclusive spiritual and pastoral care, honouring each person's background, faith, or belief system.

Stay connected and supported

Whether it’s joining a social group, discovering new hobbies or enjoying outings with others, we’ll help you stay connected to the people and things that bring you joy.

Carer support

Our respite care gives family carers a chance to rest and recharge; while ensuring you continue to receive compassionate, high-quality care.

Home care funding options

There are many ways to fund your home care services. We’re here to help you understand your home care service options and costs, and choosing the option that’s right for your individual circumstances.

Residential care where you feel safe, supported and at home

When it’s time for a higher level of support, moving into one of our welcoming Residential Care Communities means you’ll be surrounded by warmth, understanding and high quality, personalised care. We take the time to get to know you, so we can provide thoughtful support that truly feels like home, now and in the future.

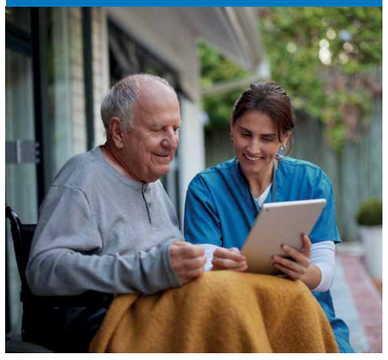




















Care that welcomes you

Across Residential Care, you’ll find welcoming communities where people are supported to live with dignity, connection and purpose. From the moment you arrive we take the time to understand what matters most to you - so you can truly feel at home. Our homes are located across NSW and SE QLD, in communities including Sydney, the Central Coast, Orange, and the regions. Find a home near you on page 14.

Our promise: We see you, hear you, and know you

We’re proud to lead the way in delivering aged care that is not only innovative but also deeply human. With Inspirit, Catholic Healthcare is setting a new standard — one that places older people at the heart of everything we do.

Our four pillars

Health. You feel confident in the support around you and empowered to make choices about your life and care.

Heart. You are free to be yourself — surrounded by kindness, compassion, and meaningful relationships.

Home. You live your way, with choice and control, in the place that feels most like home.

Hope. What matters to you matters to us. You feel a sense of purpose, value, and meaning every day.

Our lifestyle programs are designed to support your emotional wellbeing and help you stay engaged in a vibrant, inclusive community. Whether you enjoy socialising in a group or prefer quieter individual activities, we’ll help you spend your time in ways that are meaningful to you.

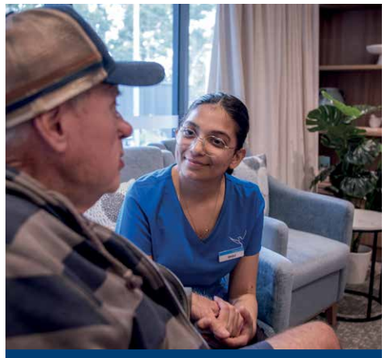
Our people make the difference

Warm, skilled and compassionate, our professional, experienced team is here to support you in living life your way. Whether you're at home, in one of our retirement communities, or receiving more hands-on care, we will always take a personal approach and treat you with respect and compassion.

We invest in ongoing training and development so our team can deliver thoughtful, high-quality support every day. Just as importantly, our culture is built on kindness, courage and integrity, creating welcoming environments where both you and our staff feel safe, supported, and valued.









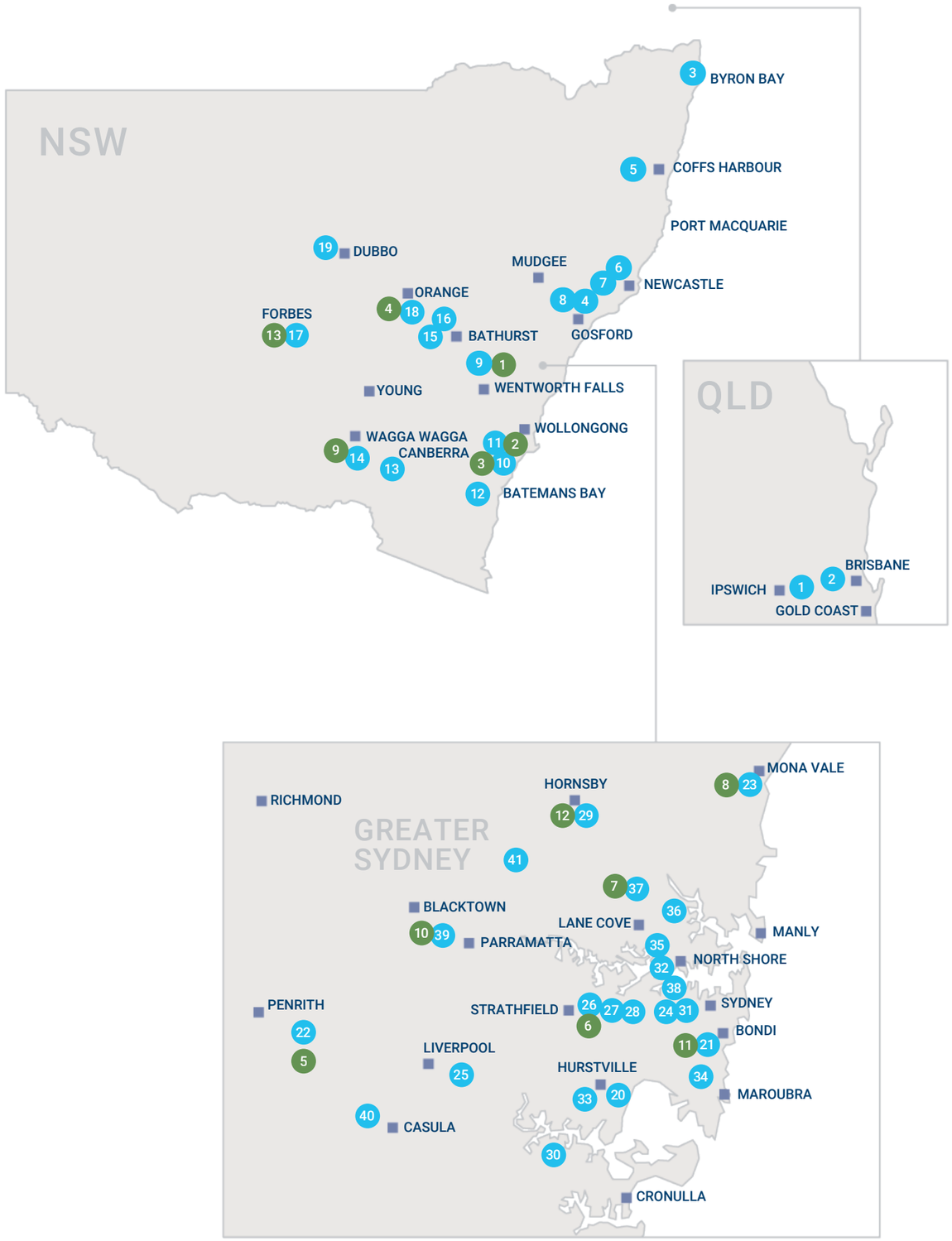
Bring joy through volunteering

Volunteering with Catholic Healthcare is a meaningful way to support older people, create genuine connections and make a positive difference in your local community. From sharing a conversation and spending time together to joining in activities and special moments, every interaction helps enrich someone's day. Just a small amount of your time can go a long way.

Find out about volunteering at catholichealthcare.com.au/volunteers.



Our locations



RESIDENTIAL CARE

1 VILLA MARIA CENTRE
Eastern Heights

2 VILLA MARIA
Fortitude Valley

3 COOLAMON VILLA
Mullumbimby

4 HOLY CROSS
Kincumber

5 ST JOSEPH'S AGED CARE
Coffs Harbour

6 CHARLES O'NEILL
Mayfield West

7 ST JOHN'S VILLA
New Lambton

8 OUR LADY OF LORETO GARDENS
Hamlyn Terrace

9 BODINGTON
Wentworth Falls

10 ST MARY'S
Berkeley

11 VILLA MARIA CENTRE
Unanderra

12 MARANATHA LODGE
Batehaven

13 BLAKENEY LODGE
Tumut

14 THE HAVEN
Wagga Wagga

15 MACQUARIE CARE CENTRE
Bathurst

16 ST CATHERINE'S
Bathurst

17 JEMALONG RESIDENTIAL VILLAGE
Forbes

18 ST FRANCIS AGED CARE
Orange

19 HOLY SPIRIT
Dubbo

20 BETHLEHEM HOUSE
Kogarah

21 BRIGIDINE HOUSE
Randwick

22 EMMAUS VILLAGE
Kemps Creek

23 GEORGE MOCKLER HOUSE
Mona Vale

24 GERTRUDE ABBOTT AGED CARE
Surry Hills

25 HOLY SPIRIT AGED CARE
Revesby

26 HOLY SPIRIT
Croydon

27 LEWISHAM NURSING HOME
Lewisham

28 LEWISHAM RETIREMENT HOSTEL
Lewisham

29 MCQUOIN PARK
Wahroonga

30 PERCY MILES VILLA
Kirrawee

31 THE SISTER ANNE COURT
Surry Hills

32 ST ANNE'S AGED CARE
Hunters Hill

33 ST BEDE'S HOME
South Hurstville

34 ST JAMES VILLA
Matraville

35 ST JOSEPH AGED CARE
Hunter Hill

36 ST PAUL'S
Northbridge

37 ST PETER'S
Lane Cove North

38 VINCENTIAN AGED CARE SERVICE
East Sydney

39 ST HEDWIG VILLAGE
Blacktown
(under refurbishment)

40 HOLY SPIRIT
Casula

41 MACKILLOP HOUSE
Norwest

RETIREMENT LIVING

1 AQUINAS COURT
Springwood

2 BISHOP McCABE RETIREMENT VILLAGE
Towradgi

3 ST MARY'S RETIREMENT LIVING
Berkeley

4 THE BAILLY
Orange

5 EMMAUS RETIREMENT VILLAGE
Kemps Creek

6 THE BRIGHTON
Croydon

7 ST PETER'S GREEN
Lane Cove North

8 CHARLES O'NEILL
Mona Vale

9 THE HAVEN
Wagga Wagga

10 ST HEDWIG VILLAGE
Blacktown

11 STRATHALLEN VILLAGE
Randwick

12 MCQUOIN PARK RETIREMENT LIVING
Wahroonga

13 JEMALONG RESIDENTIAL VILLAGE
Forbes

Coming Soon:

- Maroubra Retirement Living, Residential Care, and Wellness Centre
- Lewisham Retirement Living, Residential Care, and Wellness Centre
- St Hedwig (Stage 2) Retirement Living, Residential Care, and Wellness Centre
- McQuoin Park (New Stage) Retirement Living

HOME CARE

To learn more about our Home and Communities and locations, visit us at catholichealthcare.com.au/home-communities

Through every stage of life's journey, we're here to help.

Our enduring aim is to ensure every part of that journey is effortless. Wherever you are in your journey, we'd love to chat to you about your needs.

Please call us on 1800 225 474
catholichealthcare.com.au

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