



Villa Maria Centre, a short walk from the centre of Unanderra, offers residential cottages set in beautiful gardens.

At Villa Maria Centre we provide a range of premium lifestyle services for our residents to enjoy. Our dedicated staff will get to know you, what's important to you and what makes you smile. Working together with you, our team will develop a tailored care plan focused on enriching your health, wellbeing and day-to-day living.







# Lifestyle

#### PREMIUM LIFESTYLE

Villa Maria Centre Unanderra offers comfort and security, with 24 hour, seven day a week registered nursing care. There are 8 shared rooms with ensuites, 52 private bedrooms with ensuites, and 28 bedrooms within a specially designed area for those living with dementia.

### FEATURES AND AMENITIES

- Ensuite bathrooms
- Air conditioning
- Television and telephone connection
- · Large activities and games rooms
- · Dining and family rooms
- · Landscaped gardens and courtyards
- TV rooms with large screen TVs
- Hairdressing and beauty salon
- BBQ area

### EVENTS AND ACTIVITIES

At Villa Maria Centre Unanderra, there is a broad range of events, activities and interests to participate in and enjoy.

#### These include:

- Arts and crafts
- Exercise classes
- Social activities, outings and bus trips
- Personalised lifestyle activities

At meal times we share stories and catch up with others. The food is fresh and beautifully presented.

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#### FOOD PHILOSOPHY

Our homestyle dining experience offers delicious and nutritionally balanced meals prepared onsite by our chef using fresh seasonal produce.

Our changing menus reflect the preferences and tastes of the residents living in the Home.



## About Catholic Healthcare

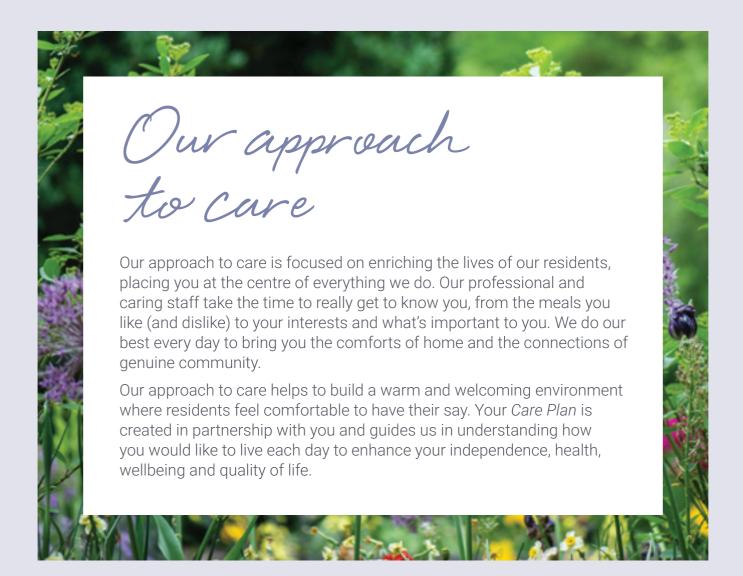
Catholic Healthcare has been providing quality aged care since 1994. We strive to enhance the lives of our residents, guided by our values of Courage, Compassion and Integrity.

As a trusted not-for-profit provider, we offer services to nurture the body, mind and spirit. Our proceeds are reinvested into improving quality and access to care for senior Australians.











#### Contact us:

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