



Located in the heart of Sydney, this welcoming Home provides a warm-hearted community and lovely garden areas to relax and spend time with visitors. There are a wide range of outings and activities to choose from while close proximity to local shops provides convenience.

At Gertrude Abbott we provide a range of lifestyle services for residents to enjoy.

Our dedicated staff will get to know you, what's important to you and what makes you smile. Working together with you, our team will develop a tailored care plan focused on enriching your health, wellbeing and day-to-day living.







# Lifestyle

### HOMESTYLE LIFESTYLE AND ACCOMMODATION

Gertrude Abbott provides comfort and security with 24 hours, seven days a week registered nursing care. Gertrude Abbott has shared and private bedrooms, some with ensuites, including rooms specifically designed for those living with dementia.

### FEATURES AND AMENITIES

- Air conditioning
- Television, telephone connection and Wi-Fi
- Large activities and games rooms
- Dining and family rooms
- TV room with large screen TV
- Hairdressing salon
- BBQ and garden areas

### EVENTS AND ACTIVITIES

At Gertrude Abbott, there is a broad range of events, activities and interests to participate in and enjoy.

#### These include:

- Arts and crafts
- Exercise classes
- Social activities, outings and bus trips
- Personalised lifestyle activities
- Visiting pet program

The staff look after me.
I am very happy and grateful to
be here because I know I am in
good hands.

**GARY**, 82



#### FOOD PHILOSOPHY

Our homestyle dining experience offers delicious and nutritionally balanced meals prepared onsite by our chef using fresh seasonal produce. Our changing menus reflect the preferences and tastes of the residents living in the Home.



## About Catholic Healthcare

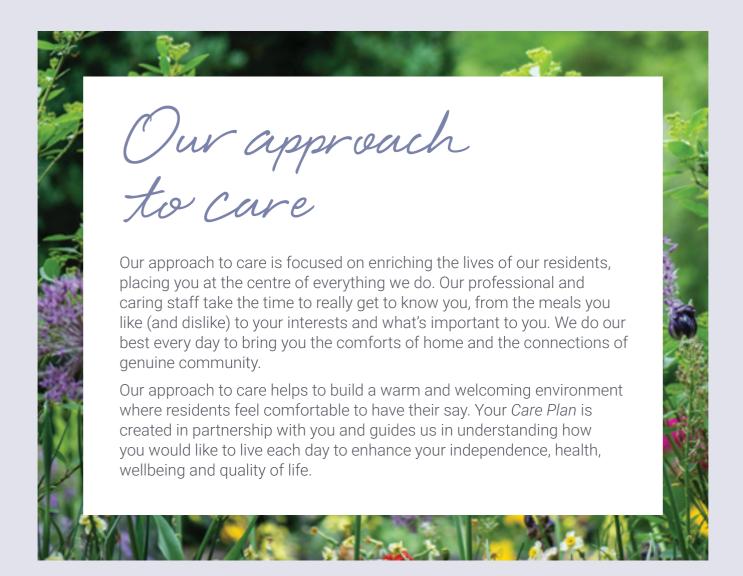
Catholic Healthcare has been providing quality aged care since 1994. We strive to enhance the lives of our residents, guided by our values of Courage, Compassion and Integrity.

As a trusted not-for-profit provider, we offer services to nurture the body, mind and spirit. Our proceeds are reinvested into improving quality and access to care for senior Australians.











#### Contact us:

180 Albion Street Surry Hills NSW 2010

1800 225 474 catholichealthcare.com.au