



# St Hedwig

**BLACKTOWN**  
RESIDENTIAL AGED CARE





# Welcome to St Hedwig, Blacktown

Located in Sydney's West, this Home has a friendly and welcoming feel. St Hedwig was established by the two German Catholic communities of St Raphael's Blacktown and St Christophorus Croydon, over 33 years ago. The Home provides care primarily to the German speaking population of Sydney and seniors living in the local area.

There is a focus on bringing the local community into the Home, and there are a wide range of outings and activities which residents can choose from. There are ample, tranquil gardens to enjoy the outdoors with visitors.

Our dedicated staff will get to know you, what's important to you and what makes you smile. Working together with you, our team will develop a tailored care plan focused on enriching your health, wellbeing and day-to-day living.

# Lifestyle

## HOMESTYLE LIFESTYLE AND ACCOMMODATION

St Hedwig Blacktown provides comfort and security, with 24 hour, seven days a week registered nursing care. St Hedwig has cosy shared and private bedrooms.

## FEATURES AND AMENITIES

- Air conditioning
- Television, telephone connection and Wi-Fi
- Large activities and games rooms
- Dining and family rooms
- TV room with large screen TV
- Hairdressing salon
- Garden and courtyard areas



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*I feel so at home here.*

EVA, 85

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## FOOD PHILOSOPHY

Our homestyle dining experience offers delicious and nutritionally balanced meals prepared onsite by our chef using fresh seasonal produce. Our changing menus reflect the preferences and tastes of the residents living in the Home, including German inspired cuisine.



## EVENTS AND ACTIVITIES

At St Hedwig, there is a broad range of events, activities and interests to participate in and enjoy.

These include:

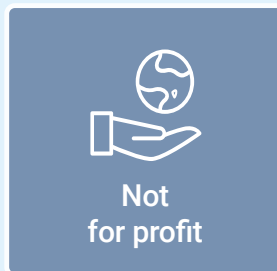
- Arts and crafts
- Exercise classes
- Social activities, outings and bus trips
- Personalised lifestyle activities
- Celebrations including Oktoberfest and Weihnachten



# About Catholic Healthcare

Catholic Healthcare has been providing quality aged care for more than 27 years. We strive to enhance the lives of our residents, guided by our values of Compassion, Excellence, Honesty, Hospitality and Respect.

As a trusted not-for-profit provider, we offer services to nurture the body, mind and spirit. Our proceeds are reinvested into improving quality and access to care for senior Australians.



## Our approach to care

Our approach to care is focused on enriching the lives of our residents, placing you at the centre of everything we do. Our professional and caring staff take the time to really get to know you, from the meals you like (and dislike) to your interests and what's important to you. We do our best every day to bring you the comforts of home and the connections of genuine community.

Our approach to care helps to build a warm and welcoming environment where residents feel comfortable to have their say. Your *Care Plan* is created in partnership with you and guides us in understanding how you would like to live each day to enhance your independence, health, wellbeing and quality of life.



**Contact us:**

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