

“

Thank you for all your support and showing your care during the time I cared for my frail husband.

”

“

She helped me during a crisis of grief with the death of my sister in law.

”

## Why Catholic Healthcare?

### BECAUSE WE EXIST ONLY TO BENEFIT OUR CLIENTS

At Catholic Healthcare, we have been providing quality aged care for 25 years.

We strive to enhance every moment of our clients' lives, guided by our values of compassion, excellence, honesty, hospitality and respect to create our distinctive Catholic Healthcare experience.

As a trusted not-for-profit provider, we exist only to benefit our clients, with proceeds reinvested into improving quality and access to care for Senior Australians.



Contact us:

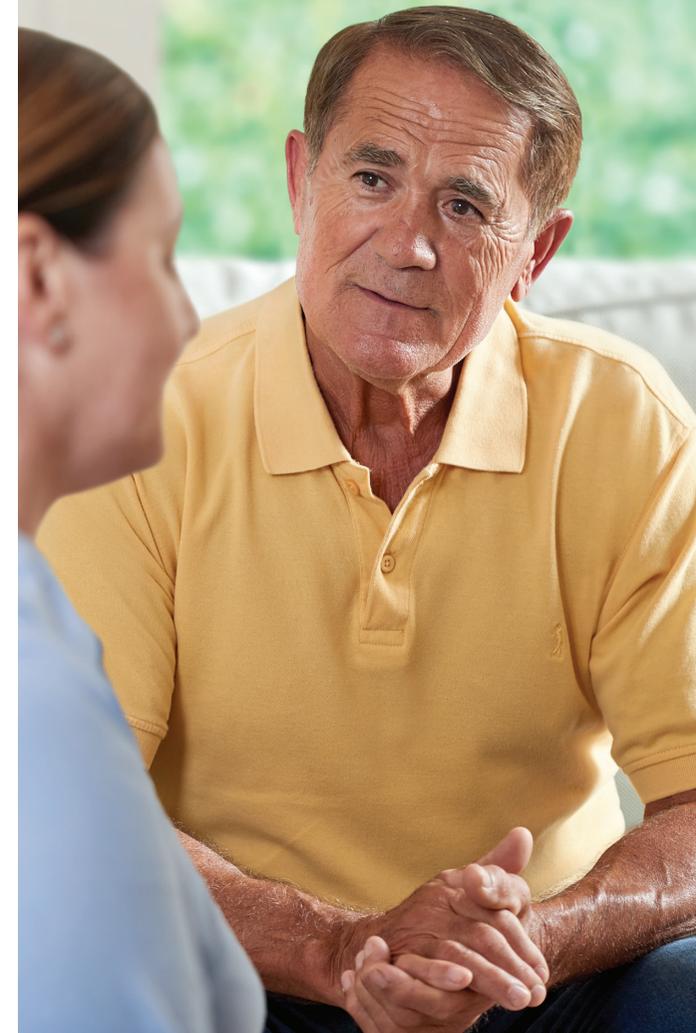
1800 225 474

[catholichealthcare.com.au](http://catholichealthcare.com.au)



## Pastoral Care Practitioners

HEALTH FOR THE HEART,  
MIND AND SPIRIT



# What is Pastoral Care?

Pastoral care is available to help people who are facing physical, social, emotional or spiritual challenges. It is part of our commitment to care for the whole person.

Pastoral Care can be of support to everyone from all walks of life, whether they be from a faith tradition or not.

Pastoral Care is supported by an ever-growing body of research that shows the positive links between mind, spirit and physical health.

Pastoral Care is a service which can be provided as part of a government-wide package using professionally trained staff.



# What do Pastoral Care Practitioners do?

Pastoral Care Practitioners respond to the spiritual and emotional needs of people. We visit anyone seeking support and provide a listening ear, in a non-judgemental manner. As people meet challenges and search for meaning in their life, we are here to offer support and encouragement.

We comfort those who are sick, lonely, marginalised and isolated, as well as those who have feelings of hurt, disappointment or guilt. When requested, we help connect people with spiritual groups (such as local church or faith groups) and/or social groups.

We support carers of those who are ill and at times if requested, help to link family and friends with clients.

# Pastoral Care Services

**Safe, friendly and inclusive, our professional and experienced team of Pastoral Care Practitioners and Volunteers can support you in the following ways:**

- Respond to spiritual needs
- Help you find meaning in your life's journey
- Help you deal with feelings of hurt, disappointment or guilt
- Help with experiencing grief and loss
- Help through lonely times
- Provide a trusted confidante
- Provide a listening ear

We're here to help.  
Call us today on 1800 225 474.

