

# *Price Guide*



**HOME CARE PACKAGES JULY 2023**

# We're all about you

At Catholic Healthcare, we have been providing quality aged care for 28 years. We strive to enhance every moment of our clients' lives, guided by our values of Courage, Compassion and Integrity to create our distinctive Catholic Healthcare experience. As a trusted not-for-profit provider, we exist only to benefit our clients, with proceeds reinvested into improving quality and access to care for senior Australians.

At the heart of our tailored and flexible approach to care is the time spent getting to know you. Our dedicated team works with you to create a customised support plan that matches you to the right Care Workers and services to suit your personality, interests and needs.

## What are the right services and programs for me?

DAY-TO-DAY LIVING	CLINICAL SERVICES	HEALTH & WELLNESS	CONNECTING WITH OTHERS	SPIRITUAL WELLBEING
<ul style="list-style-type: none"> <li>Light housekeeping</li> <li>Meal preparation or meal delivery services</li> <li>Personal grooming</li> <li>Personal hygiene and continence products</li> </ul> <p><b>Shopping</b></p> <ul style="list-style-type: none"> <li>Shopping online or at your local store (accompanied or unaccompanied)</li> </ul> <p><b>Transport</b></p> <ul style="list-style-type: none"> <li>Appointments, social or shopping</li> </ul> <p><b>Minor Home and Garden maintenance</b></p> <ul style="list-style-type: none"> <li>Gutter cleaning</li> <li>Weeding and pruning</li> <li>Spring clean or detailed clean</li> <li>Declutter and organisation</li> <li>Handyman repairs</li> </ul> <p><b>Seasonal activities</b></p> <ul style="list-style-type: none"> <li>Festive preparations</li> <li>Wardrobe/bedding</li> <li>Seasonal gardening</li> <li>Seasonal food preparation</li> </ul>	<p><b>Allied health</b></p> <ul style="list-style-type: none"> <li>Physiotherapy</li> <li>Podiatry</li> <li>Occupational therapy</li> <li>Speech therapy</li> <li>Dietitian</li> <li>Home modifications assessment/recommendations</li> <li>Mobility and dexterity equipment</li> </ul> <p><b>Nursing care</b></p> <ul style="list-style-type: none"> <li>Wounds</li> <li>Post surgery</li> <li>Chronic health management plan</li> <li>Help with medications</li> <li>Health assessment monitoring and review (continence, hydration/nutrition, weight, skin integrity, BSL, BP etc.)</li> </ul> <p><b>Remote support</b></p> <ul style="list-style-type: none"> <li>Health monitoring</li> <li>Nurse and allied health support and coaching</li> <li>Health and safety monitoring and alarms</li> </ul>	<p><b>Retitle Group programs</b></p> <ul style="list-style-type: none"> <li>Walking with Confidence</li> <li>Stepping On</li> <li>Seated exercise program</li> <li>Resistance training</li> <li>Aqua programs</li> <li>Social outings</li> <li>Remain active</li> <li>Various exercise groups online or in person (e.g. yoga, pilates, tai chi)</li> </ul> <p><b>In-Home Programs</b></p> <ul style="list-style-type: none"> <li>Exercise program</li> <li>Tailored exercise Programs, on-line programs</li> </ul> <p><b>Carer's wellbeing</b></p> <ul style="list-style-type: none"> <li>In-home respite</li> <li>Respite and Wellness Centres</li> <li>Residential village short-term respite</li> <li>Overnight Respite Cottage - check for locations</li> </ul>	<p><b>Connecting with community</b></p> <ul style="list-style-type: none"> <li>Try new things</li> <li>Reconnect with favourite hobbies (Mens shed, support groups, seniors groups supported or unsupported)</li> <li>Smart Tech' course - how to use devices, apps and connect with others</li> <li>mind+move hubs - a diverse range of activities and connection to like minded people in the one location.</li> <li>Men's groups - e.g. exercise, cooking, workshops.</li> <li>Group outings - accessible day trips</li> <li>Day centres</li> <li>Art classes</li> <li>Music concerts</li> </ul> <p><b>Companionship</b></p> <ul style="list-style-type: none"> <li>Connection to activities, events, community groups</li> <li>Support to access and enjoy community spaces - local parks, beaches, fishing spots, botanical gardens.</li> <li>Engage in your favourite hobbies or discover new ones.</li> <li>Attend culturally diverse groups</li> </ul> <p><b>Volunteers</b></p> <ul style="list-style-type: none"> <li>Home visits</li> <li>Check-in phone calls</li> </ul>	<ul style="list-style-type: none"> <li>Companionship and visits</li> <li>Active listening</li> <li>Anxiety, depression and grief support</li> <li>Relationship and confidence building</li> <li>Connections - local community, faith groups, social groups and more</li> <li>Support for families and caregivers</li> <li>Spiritual development, meaning and purpose</li> <li>Preparing for loss and goodbyes</li> <li>Assistance with religious or spiritual needs</li> </ul>

Need help choosing what services are right for you? Call us today on 1800 225 474.

# Pricing

The following tables outline our services fees and can help you estimate what your Home Care Package may cost.

HOME CARE PACKAGE (HCP) LEVEL				
	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4
<b>YOUR HOME CARE PACKAGE FUNDING:</b> This is the annual amount paid by the government for every individual who is approved for a level of care. These funds are used towards your care needs.				
Annual Funding	\$10,271	\$18,064	\$39,311	\$59,594
Per Fortnight	\$395	\$695	\$1,512	\$2,292
<b>CARE MANAGEMENT:</b> This fee applies to all planning, coordination, support and care that we provide, ensuring you maximise your package to its full benefit and budget. We will design and manage your package around you and your needs.				
Fully Managed (\$ Per Fortnight)	\$60.00	\$120.00	\$280.00	\$400.00
Fully Managed (Approx. Hours Per Fortnight)	1	2	3	4
<b>OTHER</b>				
Package Management (Per Fortnight)	\$40.00	\$80.00	\$160.00	\$240.00
Staff Travel Costs to Visit You (Per KM)	\$1.50	\$1.50	\$1.50	\$1.50
Client Transport Fee (Per KM)	\$1.50	\$1.50	\$1.50	\$1.50
Service Cancellation Fee (Per Cancellation)	Charge \$20 for Cancellation the service 48 hours or more before the service and full service rate if less than 48 hours			

PRICE GUIDE FOR COMMON SERVICES										
Per Hour	Standard Hours (Mon-Fri, 6am-6pm)		Non-Standard Hours		Saturday		Sunday		Public Holiday	
	Internal Staff	Third Party Provider	Internal Staff	Third Party Provider	Internal Staff	Third Party Provider	Internal Staff	Third Party Provider	Internal Staff	Third Party Provider
Cleaning & Household Tasks	\$71.00	\$91.00	\$88.75	\$108.75	\$106.50	\$126.50	\$124.25	\$144.25	\$159.75	\$179.75
Light Gardening	\$76.00	\$96.00	\$95.00	\$115.00	\$114.00	\$134.00	\$133.00	\$153.00	\$171.00	\$191.00
Personal Care	\$76.00	\$96.00	\$95.00	\$115.00	\$114.00	\$134.00	\$133.00	\$153.00	\$171.00	\$191.00
In-Home Respite	\$76.00	\$96.00	\$95.00	\$115.00	\$114.00	\$134.00	\$133.00	\$153.00	\$171.00	\$191.00
Nursing	\$115.00	\$135.00	\$143.75	\$163.75	\$172.50	\$192.50	\$201.25	\$221.25	\$258.75	\$278.75
Endorsed Nurse	\$86.00	\$106.00	\$107.50	\$127.50	\$129.00	\$149.00	\$150.50	\$170.50	\$193.50	\$213.50
Personal Care & Domestic Assistance	\$76.00	\$96.00	\$95.00	\$115.00	\$114.00	\$134.00	\$133.00	\$153.00	\$171.00	\$191.00
Social & Essential Outings	\$76.00	\$96.00	\$95.00	\$115.00	\$114.00	\$134.00	\$133.00	\$153.00	\$171.00	\$191.00
Companionship	\$76.00	\$96.00	\$95.00	\$115.00	\$114.00	\$134.00	\$133.00	\$153.00	\$171.00	\$191.00
Cleaning & Detailing Services	\$76.00	\$96.00	\$95.00	\$115.00	\$114.00	\$134.00	\$133.00	\$153.00	\$171.00	\$191.00
Occupational Therapy	\$180.00	\$200.00	\$225.00	\$245.00	\$270.00	\$290.00	\$315.00	\$335.00	\$405.00	\$425.00
Physiotherapy	\$180.00	\$200.00	\$225.00	\$245.00	\$270.00	\$290.00	\$315.00	\$335.00	\$405.00	\$425.00
Health & Wellness	\$115.00	\$135.00	\$143.75	\$163.75	\$172.50	\$192.50	\$201.25	\$221.25	\$258.75	\$278.75
Podiatrist	\$115.00	\$135.00	\$143.75	\$163.75	\$172.50	\$192.50	\$201.25	\$221.25	\$258.75	\$278.75
Medication Services - CW (Per 1/2 Hour)	\$55.00	\$75.00	\$68.75	\$88.75	\$82.50	\$102.50	\$96.25	\$116.25	\$123.75	\$143.75
Medication Services - EN (Per 1/2 Hour)	\$67.00	\$87.00	\$83.75	\$103.75	\$100.50	\$120.50	\$117.25	\$137.25	\$150.75	\$170.75
Medication Services - Nurse (Per 1/2 Hour)	\$83.00	\$103.00	\$103.75	\$123.75	\$124.50	\$144.50	\$145.25	\$165.25	\$186.75	\$206.75

\* All prices are exclusive of GST

The pricing in the above tables are effective for all clients as of 1 July 2023, and may be subject to change at any time.

For queries, please contact our friendly Customer Care Team on **1800 225 474**.



**Contact us:**

1800 225 474

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