







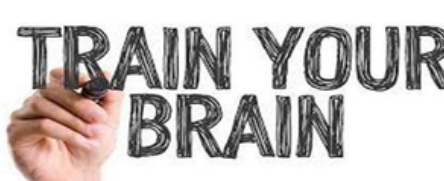


Day Respite Program August 2025

Monday	Tuesday	Wednesday	Thursday	Friday
				
<p>4</p> <p>9:30am Morning tea & Socialising 11:00am Painting by numbers - Activity Room 12:00pm Lunch - Dining room 1:00pm Seated volleyball game competition – Lounge Room 2:30pm Singing Activity: The Aussie Sing-Along - Lounge Room</p>	<p>5</p> <p>9:30am Morning tea & Socialising - Remembering Louis Armstrong 11:00am Music Bingo – Activity Room 12:00pm Lunch – Dining room 1:00pm Crossword Group - Family matters - Activity Room 2:30pm Floor game - Bobs – Lounge Room</p>	<p>6</p> <p></p>	<p>7</p> <p>9:30am Morning tea & Socialising 11:00am Reminiscence Activity – 50's & 60's live performances on TV - Lounge Room 12:00pm Lunch - Dining room 1:00 pm Dartboard game – Activity Room 2:30pm Name the Flower – Quiz – Lounge Room</p>	<p>8</p> <p>Bus outing – Glenorie RSL 9:30am Morning tea & Socialising 10:30am Bus Outing – Fagan Park – Glenorie RSL Club. Take a scenic drive and unwind at Glenorie RSL, where you can enjoy a delicious lunch and the peaceful surrounds.</p>
<p>11</p> <p>9:30am Morning tea & Socialising 11:00am Cooking activity - Let's Make Scones – dining room 12:00pm Lunch - Dining room 1:00pm Finger and hand exercises – Activity Room 2:30pm Afternoon tea with scones & Friendship stories – Lounge Room</p>	<p>12</p> <p>9:30am Morning tea & Socialising 11:00am Reminiscence Activity – Doris Day: A Hollywood Icon - Lounge Room 12:00pm Lunch - Dining room 1:00pm Gentle workout: Supporting Strength & Mobility - Dining Room 2:30pm Afternoon tea with a Quiz - Words starting with A – Lounge Room</p>	<p>13</p> <p>Bus outing – Watson Bay 9:30am Morning tea and socialising 10:30am Bus Outing – Watsons Bay Lunch - Join us for a relaxing scenic drive and lunch by the water at beautiful Watsons Bay.</p>	<p>14</p> <p>9:30am Morning Tea & Socialising Enjoy a cuppa while we chat about the history of tea and the beloved teapot. 11:00am Memory Game – Match the cards – Lounge Room 12:00pm Lunch - Dining room 1:00pm Gentle workout: Supporting Strength & Mobility 2:30pm True or False Quiz Test your knowledge with a fun and interactive quiz</p>	<p>15</p> <p></p>
<p>18</p> <p>Watermelon Day 9:30am Morning Tea & Socialising 11:00am Tower Tafel Game – Leaves-sensory activity – Activity Room 12:00pm Lunch - Dining room 1:00pm Walking Group – Outside activity 2:30pm Sunshine Group: Enjoy a refreshing slice of watermelon and social time with others - Courtyard</p>	<p>19</p> <p>India Independence Day 9:30am Morning Tea & Socialising - Facts about India 11:00am India Quiz – Lounge Room 12:00pm Lunch - Dining room 1:00pm Finger and hand exercises – Activity Room 2:30pm Indian Food – word search Competition - Activity Room</p>	<p>20</p> <p></p>	<p>21</p> <p>9:30am Morning Tea & Socialising 11:00am Music and Movement – using scarves - Lounge Room 12:00pm Lunch - Dining room 1:00pm Social Game – Bingo! with a lucky dip – Activity Room 2:30pm Words starting with AU Quiz – Lounge Room</p>	<p>22</p> <p>Bus outing – Swane's Nursery 10:00am Morning tea outing at Swane's Nursery Enjoy a relaxing morning tea surrounded by the beauty of nature in a cosy indoor setting. 12:30pm Lunch 2:00pm Word search Competition – Lounge Room 2:30pm - Reminiscence Activity: Donald Bradman Biography – Lounge Room</p>
<p>25</p> <p>9:30am Morning Tea & Socialising 11:00am Reminiscence Activity – Doris Day: A Hollywood Icon - Lounge Room 12:00pm Lunch - Dining room 1:00pm Bean Bag Toss Game - with a prize 2:30pm Sensory stimulation – sort the buttons into the colours – Activity Room</p>	<p>26</p> <p>Dog day 9:30am Morning Tea & Socialising – Short stories about Dogs 11:00am Famous Dogs – Who Am I? 12:00pm Lunch - Dining room 1:00pm Balloon Exercises – Fun and gentle movement using balloons - Lounge Room 2:00pm Movie Time – Hachi: A Dog's Tale – Lounge Room with popcorn & Ice cream</p>	<p>27</p> <p>Bus Outing-Flower Power Bus Outing – Morning Tea at Flower Power Glenhaven Enjoy a relaxing morning tea and browse the beautiful garden centre at Flower Power Glenhaven. 12:30pm Lunch - Dining room 2:00pm Test your memory: Fun and Challenging memory game!</p>	<p>28</p> <p>Daffodil Day 9:30am Morning Tea & Socialising – Things that are yellow 11:00am Art & Craft Activity – Daffodil painting & Craft - Activity Room 12:00pm Lunch - Dining room 1:00pm Elvis Presley Trivia – Lounge Room 2:30pm Sing Along – Lounge Room</p>	<p>29</p> <p></p>