

Price Guide

HOME CARE PACKAGES GUIDE

There's no place like home

Catholic Healthcare understands there is no place like home. Our dedicated care team will work with you to create a customised support plan so you can live independently in your home for longer. Choose the services that suit you best and with the carers you like the most.

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#### **DAY-TO-DAY LIVING**

Our friendly carers can assist you with day-to-day living so you can be confident to make the most of your day.

- Transport: appointments, social, shopping.
- **Shopping:** shopping online or in-store (accompanied or unaccompanied).
- Light Gardening lawn mowing, weeding and pruning.
- **Domestic Assistance/Personal Care:** light housekeeping, meal preparation, pet care, personal care, and grooming and dressing.
- Caring for Carers/Respite Care: in-home respite.

PRICE GUIDE FOR DAILY LIVING AND PERSONAL CARE SERVICES						
Services per Hourly Rate	Mon to Fri 6am to 6pm	Non-Standard Hours 6pm to 6am	Sat	Sun	Public Holiday	
Transport	\$76.00	\$95.00	\$114.00	\$133.00	\$171.00	
Shopping	\$76.00	\$95.00	\$114.00	\$133.00	\$171.00	
Light Gardening	\$76.00	\$95.00	\$114.00	\$133.00	\$171.00	
Domestic Assistance & Personal Care	\$76.00	\$95.00	\$114.00	\$133.00	\$171.00	
Caring for our Carers, In-home Respite.	\$76.00	\$95.00	\$114.00	\$133.00	\$171.00	



## **CLINICAL SERVICES**

Let us help you keep on top of your physical health so you can maintain your independence and lead life on your own terms.

• Allied Health: physiotherapy, podiatry, occupational therapy including home assessment and modifications, speech therapy, dietitian, mobility, and dexterity equipment. health management, help with medication and health assessment monitoring and review (BP, BSL, weight, skin, nutrition, hydration, continence).

• Nursing Care: post-surgery, wounds, and chronic

PRICE GUIDE FOR CLINICAL SERVICES							
Services per Hourly Rate	Mon to Fri 6am to 6pm	Non-Standard Hours 6pm to 6am	Sat	Sun	Public Holiday		
Allied Health	\$180.00	\$225.00	\$270.00	\$315.00	\$405.00		
Complex Nursing Care	\$115.00	\$143.75	\$172.50	\$201.25	\$258.75		
Basic Nursing Care	\$86.00	\$107.50	\$129.00	\$150.50	\$193.50		



# HEALTH AND WELLNESS

Through our unique health and wellness program, Mind+Move, we offer group health and wellness classes in over 25 locations and online so you can be a healthier, happier you.

• Health and Wellness Programs: a free Stepping On program, Social Outings, Remain Active, resistance training, aqua and seated exercise programs, and online and in-person exercise groups (Pilates, yoga, tai chi). • Online Activities: exercise programs from the convenience of your home, Remain Active, yoga, Pilates, fortnightly music concerts and tai chi.

OUT OF POCKET PRICE GUIDE FOR THE MIND+MOVE PROGRAM					
Monday to Friday	Price for Casual Class	Unlimited Monthly Membership	Price per Day Trip		
Mind+Move Classes for Home Care Package Clients	\$30	\$75	\$120		



### CONNECTING WITH COMMUNITY

Social connectedness can lead to a longer life, better health, and improved wellbeing. Whether lunch with friends, bush walks, or fishing, we are here to make it happen.

- **Companionship:** book a community worker for as many hours as you wish to participate in an activity of your choosing, e.g., visit a special destination or a cultural show.
- **Pastoral Care:** receive guidance and spiritual companionship regardless of faith free service.
- Volunteer Services: receive home visits or check-in phone calls for an hour, once a fortnight free service.

PRICE GUIDE FOR SOCIAL SERVICES						
Services per Hourly Rate	Mon to Fri 6am to 6pm	Non-Standard Hours 6pm to 6am	Sat	Sun	Public Holiday	
Companionship	\$76.00	\$95.00	\$114.00	\$133.00	\$171.00	

The following table outlines our administration fees and can help you estimate what your tailored care needs may cost

HOME CARE PACKAGE (HCP) LEVEL							
	Level 1	Level 2	Level 3	Level 4			
Annual amount paid by the government							
Annual Funding	\$10,271	\$18,064	\$39,311	\$59,594			
Catholic Healthcare Charges							
Care Management Fully Managed (Monthly)	\$130.36	\$260.71	\$608.33	\$869.05			
Fully Managed (Approx Hours per Month)	2	4	6	8			
Other Charges							
Package Management (per Month)	\$86.90	\$173.81	\$347.62	\$521.43			
Staff Travel Costs to Visit You (per KM)	\$1.50	\$1.50	\$1.50	\$1.50			
Client Transport Fee (per KM)	\$1.50	\$1.50	\$1.50	\$1.50			
Service Cancellation Fee (per Cancellation)	a fee of \$20	el your service .00 will be cha ore, full servic	arged. If you o				



## **Contact us:** 1800 225 474 catholichealthcare.com.au