



Ready to make a difference?

If you would like to offer your time to the people in your community, call or email us now to talk about how you can give back.

Catholic Healthcare is a leading provider of home care, residential aged care, healthcare and retirement living villages in NSW, ACT and SE QLD.

Call us today on 02 8876 2100.
or email on
volunteer@chcs.com.au

“

Not all of us can do great things. But we can do small things with great love.

”



Catholic Healthcare

Suite 1, Level 5, 15 Talavera Road
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www.catholichealthcare.com.au

Make a difference

VOLUNTEER FOR GOOD





Doing what you can

It's the little things that count. While an hour of your time may not seem like much, it can be a priceless contribution to someone else's life. Choosing to donate your time to others is a rewarding experience that not only enriches lives, but also brings you great satisfaction.

Why volunteer?

Spending time with an elderly person, sharing stories, chatting about family and hobbies, discussing news and sport, laughing together can be very rewarding. You experience the satisfaction of bringing happiness and new value into someone's life.



Types of volunteering

You can make a difference in a number of ways.

- Visiting someone in their home or in an aged care residence
- Telephoning someone who would enjoy your company
- Providing pastoral support
- Helping at one of our Wellness Centres
- Sharing your skills, talent or passion

Note: not all opportunities are available in all areas.