



Surrounded by peaceful landscaped gardens, the recently renovated St Joseph's Aged Care in Coffs Harbour is the ideal setting for you and your family and friends to enjoy the outdoors.

At St Joseph's Coffs Harbour, we provide a range of premium lifestyle services for our residents to enjoy.

Our dedicated staff will get to know you, what's important to you and what makes you smile. Working together with you, our team will develop a tailored care plan focused on enriching your health, wellbeing and day-to-day living.







# Lifestyle

#### PREMIUM LIFESTYLE

St Joseph's offers comfort and security, with 24 hour, seven days a week registered nursing care. There are 84 private bedrooms with ensuites, and 28 bedrooms within a specially designed area for those living with dementia.

### FEATURES AND AMENITIES

- Air conditioning
- Television, telephone connection and Wi-Fi
- Large activities and games rooms
- Dining and family rooms
- Landscaped gardens and courtyards
- TV rooms with large screen TVs
- Book and DVD library
- Hairdressing salon
- BBQ area

### EVENTS AND ACTIVITIES

At St Joseph's, there is a broad range of events and activities to participate in and enjoy.

#### These include:

- Arts and crafts
- Exercise classes
- Social activities, outings and bus trips
- Personalised lifestyle activities

There is always someone to say good morning to and have a friendly chat with.

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#### FOOD PHILOSOPHY

Our homestyle dining experience offers delicious and nutritionally balanced meals prepared onsite by our chef using fresh produce.

Our changing seasonal menus reflect the preferences and tastes of the residents living in the Home.



## About Catholic Healthcare

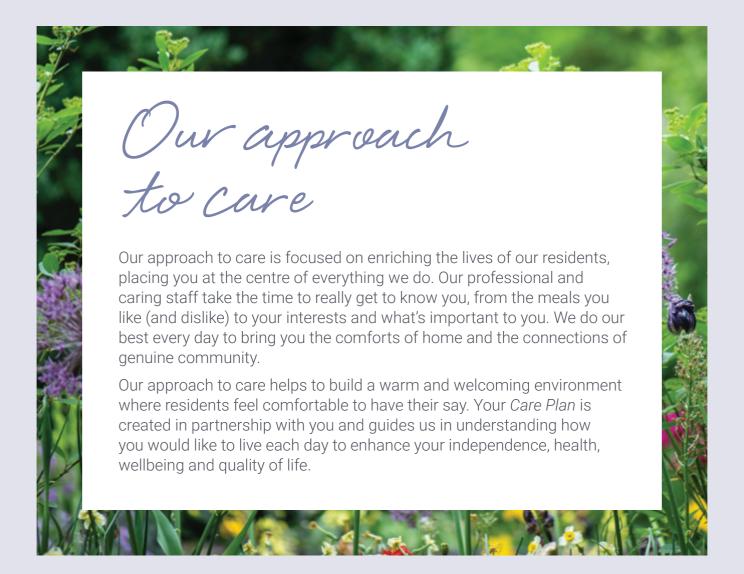
Catholic Healthcare has been providing quality aged care since 1994. We strive to enhance the lives of our residents, guided by our values of Courage, Compassion and Integrity.

As a trusted not-for-profit provider, we offer services to nurture the body, mind and spirit. Our proceeds are reinvested into improving quality and access to care for senior Australians.











#### Contact us:

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