



# *Holy Spirit*

SOUTH WEST SYDNEY



## Lifestyle

Holy Spirit is a premium home offering Dove Plus, a range of lifestyle services for residents to enjoy.

### PREMIUM ACCOMMODATION

Holy Spirit offers comfort and security, with 24 hour, seven day a week, registered nursing care. It has 144 generous sized private bedrooms with ensuites. Each bedroom has its own climate controlled, reverse cycle air-conditioning unit for the resident to ensure their room is at the temperature they require. Within the home there is a chapel with weekly mass services and a full-time pastoral care advisor.

Each wing contains warm and inviting lounge and dining areas, alongside a well-appointed activities area. The main entry to the home has a reception, café, physiotherapy rooms, where our physiotherapists can tailor individual care plans for the residents and consulting rooms for our Allied Health team.

## FEATURES AND AMENITIES

- Ensuite bathrooms
- Air conditioning
- Television and telephone
- Gardens, balconies and courtyards
- TV rooms with large screen TVs
- Pastoral, spiritual and wellness care support
- Hairdressing and beauty salon
- Café
- Free Wi-Fi

## DEDICATED MEMORY SUPPORT WING

Our memory support wing has its own courtyard with vegetable garden beds and benches to relax. Many of the rooms have direct access to the courtyard where the residents can safely enjoy time with their family and friends.

The communal areas are focused on assisting the residents to thrive together and stay involved with the many lifestyle programs that are on offer.

## FOOD PHILOSOPHY

Our homestyle dining experience offers delicious and nutritionally balanced meals prepared onsite by our chef using fresh seasonal produce



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**Our changing menus reflect the preferences and tastes of the residents living in the Home.**

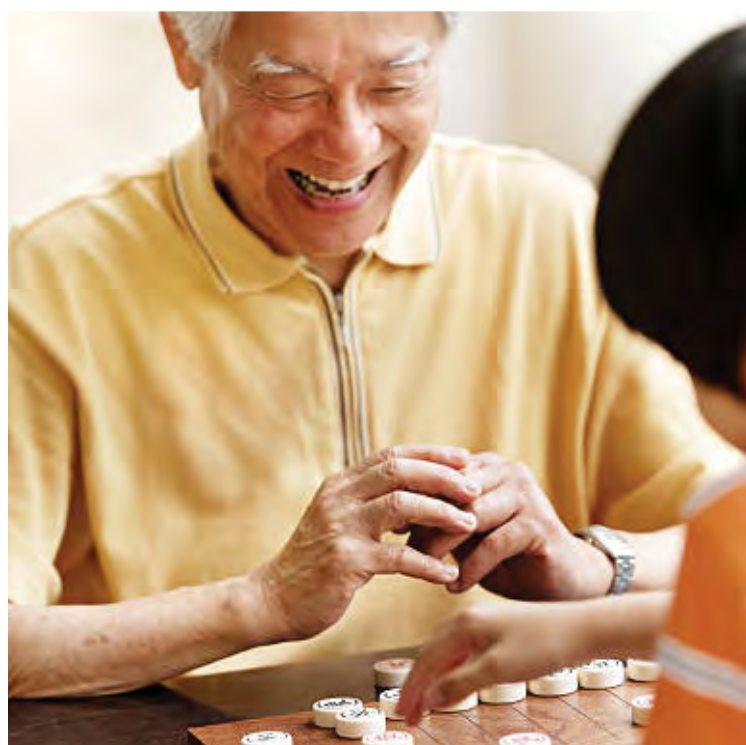
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## EVENTS AND ACTIVITIES

At your new home, there is a broad range of events, activities and interests to enjoy. Our Lifestyle Coordinators and Recreation Activities Officers are there to help make the most of your time.

### These include:

- Art classes
- Music Appreciation
- Pet Visits
- Exercise classes
- Social activities and outings
- Personalised lifestyle activities
- Weekly chapel services and prayer groups
- Activities to support individual cultural and religious practices
- Pastoral, spiritual and wellness care support
- Volunteer programs for friendship, support and social connections
- Playgroup and school children visits to our Home





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# *Holy Spirit*

Holy Spirit is a stunning, architecturally designed Residential Aged Care home in the heart of South West Sydney, created to nurture a sense of community and embrace indoor and outdoor living.

The beautiful single bedrooms have large double glazed windows to let in the light. On the ground floor, rooms have doors that open to a stunning landscaped courtyard.



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